2017 - 2018

Kinesiology
Health Promotion and Wellness Concentration

Code: BS_EDKS EDHP **Bachelor of Science**

Freshman Year

ENGL	101	Intro. to Academic Writing	3	BIOL	110	Fundamentals of Biology I	3
CMCN	100	Public Speaking	3	BIOL	112	Fundamentals of Biology I Lab	1
HLTH	110	Introduction to HPW	3	ENGL	102	Writing/Research About Culture	3
MATH	105	Applied College Algebra	3	HLTH	214	Princ. & Foundations of HPW	3
PSYC	110	Introduction to Psychology	3	HLTH	218	Drugs and Society	3
UNIV	100	First Year Seminar	3	Elective[1]		Arts	3
			18				16

Sophomore Year

DIET	200	Basic Human Nutrition	3	BIOL	216	Applied A & P for Kinesiology	3
HLTH	312	Wellness	3	BIOL	217	App. A & P Lab for Kinesiology	1
HLTH	314	Hlth. Behavior Theories/Planning	3	CHEM	123	Survey of General Chemistry	3
Elective		English Literature	3	Elective		History (*NOT HIST 490)	3
Elective[2]		MATH or STAT	3	HLTH	320	Environmental Health	3
			15	SOCI	241	Contemporary Social Problems	3
							16

Junior Year

ENGL	365	Technical Writing	3	HLTH	405	Nutrition for Fitness/Sports	3
HLTH	101	CPR & Basic Life Support	1	HLTH	410	World Health Issues	3
HLTH	335	Clinical Experience in HPW	3	HLTH	440	Hlth. Promotion & Prog. Planning	3
HLTH	451	Stress & Stress Management	3	HLTH	452	Epidemiology	3
HLTH	453	Occupational Health & Safety	3	HLTH	460	Organization Funding Strategies	3
Elective[3]		MGMT 320 or MKTG 345	3				15
			16				

Senior Year

HLTH	412	Health and Sexuality	3	HLTH	499	Internship in HPW	6
HLTH	445	Evaluating HLTH Promo. Programs	3	Elective[5]			3
Elective[4]		ENGL 472 or ENGL 474	3	Elective[5]			3
Elective[5]			3				12
			12				

Total Credits: 120

[1] Select a 3-credit approved BOR General Education "Fine Arts" course from DANC, MUS, THEA, or VIAR

[2] Mathematics elective- MATH 206, MATH 210, or STAT 214

[3] Business Elective- MGMT 320 or MKTG 345

[4] English Elective- ENGL 472 or ENGL 474

[5] Select an advisor approved course from the list on the second page.

NOTE: Students must earn a "C" or better in all major courses.
Students must maintain at least a 2.5 Cumulative GPA to remain in this concentration and to graduate.

Revised 11-22-17

NOTE: Not all electives are offered in an online format

CMCN	210	Interpersonal Communication
CMCN	301	Principles of Organizational Communication
CMCN	304	Group Process and Problem-Solving
CMCN	307	Leadership Communication
CMCN	320	Principles of Public Relations
CMCN	330	Principles of Advertising
CMCN	470	Intercultural Communication
DIET	204	Nutrition in the Life Span
HIM	361	Medical Terminology
MGMT	300	Organizational Communication
MGMT	320	Management of Behavior and Organizations
MGMT	327	Health Care Management
MGMT	333	Introduction to eBusiness
MGMT	340	Entrepreneurial Management
MGMT	350	Behavioral Processes in Organizations
MGMT	380	Leadership
MGMT	410	Management of Service Organizations
MKTG	345	Principles of Marketing
MKTG	355	Consumer Behavior
MKTG	380	Promotional Strategy and Management
NURS	332	Palliative and End-of-Life Care
NURS	333	Cultural Aspects of Health Care
PHIL	314	Ethics
PSYC	220	Educational Psychology
PSYC	312	Adolescent Psychology
PSYC	313	Life-Span Developmental Psychology
SOCI	305	Marriage and the Family
SOCI	310	Minority Groups
SOCI	354	Sociology of Sex and Sexualities