

Athletic Training High School Student Aide Workshop 2019

Purpose:

Athletic directors, coaches, and certified athletic trainers are realizing the importance of having qualified, capable, and knowledgeable high school student aides on their staff. The students attending our workshop can greatly enhance their knowledge by utilizing the information they've learned in keynote lectures as well as hands-on experience in practical taping, wound care techniques, and injury prevention.

Location:

University of Louisiana at Lafayette
Bourgeois Hall
225 Cajundome Blvd.
Lafayette, LA. 70506

Cost:

\$30.00 Early Registration, \$40.00

Late/On-Site Registration

**Make checks payable to: Sports
Medicine Association**

Please indicate purpose on memo line: HS
Workshop Registration

T-shirt NOT guaranteed to late/on-site registrants

Transportation: Students attending must provide their own transportation to and from the workshop. Parking may be limited.

Lunch: Provided

Dress: All students should wear comfortable clothes for light physical activity.

The University of Louisiana at Lafayette Athletic Training Program

Mission Statement:

The mission of the Athletic Training Program at the University of Louisiana at Lafayette is to prepare our students for professional assimilation through a rigorous education process that blends a challenging academic curriculum with aggressive, hands-on clinical experiences. Through this process, our students will become life-long learners that seek answers to the changing medical environment by exploring and conducting research. Ultimately, graduates of the Athletic Training Program at the University of Louisiana at Lafayette will be prepared to successfully attempt the Board of Certification (BOC) exam and become competent allied healthcare professionals for the physically active individuals of South Louisiana and the surrounding region.

Visit the School of Kinesiology website to learn more about our majors:

<http://kinesiology.louisiana.edu>

Visit Ragin' Cajun Athletics website to learn more about the Athletic Training Department:

www.ragincajuns.com/news/2011/10/28/Athletic_Trainers.aspx

Athletic Training High School Symposium 2019:

March 30, 2019



University of Louisiana at Lafayette Athletic Training Program

What is Athletic Training?

A **Certified Athletic Trainer (ATC)** is a highly qualified and board certified allied healthcare professional educated and experienced in the care of the student-athlete and the physically active. A certified athletic trainer's duties include the prevention, recognition, immediate treatment, and rehabilitation of injuries caused during physical activity or athletics. ATC's are board certified through the National Athletic Trainer's Association Board of Certification (NATABOC) and state certified through the Louisiana State Board of Medical Examiners (LSBME).

The Sports Medicine Association (SMA) is proud to host this Ragin' Cajun High School Aide Athletic Training Symposium. SMA is comprised of Athletic Training students who organize the workshop as well as volunteer in other community events.

Please return the registration form to:

University of Louisiana at Lafayette
c/o Sports Medicine Association
225 Cajundome Blvd.
Lafayette, LA 70506

**Pre-Registration
Deadline
March 14, 2019**

***If you have any workshop questions
or for more information:***
e-mail: sportsmedicineull@gmail.com

Workshop Schedule:

**Saturday, March 30, 2019
Bourgeois Hall – Room 153B**

8:00 - 8:30 am – Registration
8:30 - 8:40 am – Welcome
8:40 - 9:00 am – What is Athletic Training? Multiple Credentials in Athletic Training
9:00 - 9:20 am – Concussion
9:20 - 9:30 am – Break
9:30 - 10:15 am – Log Roll & CPR/Taping
10:15 - 11:00am – Taping/Log Roll & CPR
11:00 - 11:30am – Stretching Lab
11:30 - 12:30pm – Lunch
12:30 - 1:40 pm – Tour UL Athletics/Nutrition
1:40 - 1:45 pm – Break
1:45 - 2:00 pm – Rehab
2:00 - 2:30pm – Functional Rehabilitation Lab/Wound Care Lab
2:30 - 3:00pm – Wound Care Lab/Functional Rehabilitation Lab
3:00 - 3:20 pm – Sleep Related to Injuries
3:20 - 3:30 pm – Closing Survey & Thank You

Meet the Workshop Staff:

- ❖ **Dr. Randy Aldret, EdD., ATC, LAT; UL Kinesiology**
- ❖ **Aimee Mattox, MS, ATC, LAT; UL Kinesiology**
- ❖ **Dr. Stephanie Aldret, D.O.**
- ❖ **J.D. Boudreaux, PT, ATC, LAT, SCS; EPIC Education & Consulting**
- ❖ **Kayln Sticher MED, BS, CSCS, SCCC & Jordan Domenick MS, RD, LD; UL Associate Directors of Sports Nutrition**
- ❖ **Louisiana Ragin' Cajuns Staff Athletic Trainers**
- ❖ **UL Lafayette Athletic Training Students**
- ❖ **Acadiana Physical Therapy Athletic Trainers**
- ❖ **Louisiana Athletic Care Athletic Trainers**