High School Student Athletic Training Workshop 2015

Purpose:
Athletic Directors, coaches, teachers and athletic trainers are realizing the importance of having qualified, knowledgeable athletic training student aides on their staffs. The students attending our workshop can greatly enhance his/her knowledge by utilizing hands-on experience in practical taping, initial injury recognition and evaluation techniques.

Date: March 28th, 2015

Location:
University of Louisiana at Lafayette
Bourgeois Hall – Room 153B
225 Cajundome Blvd.
Lafayette, LA. 70506

Cost: $30.00 Pre Registration, $40.00 Late/On-Site
Make checks payable to: Sports Medicine Association
Please indicate purpose on memo line: HS Workshop registration
*t-shirt not guaranteed to late registrants*

Transportation: Students attending must provide their own transportation to and from the workshop.

Lunch: Will be provided

Dress: All students should wear comfortable clothes for light physical activity.

The University of Louisiana at Lafayette Athletic Training Program Mission Statement is:

“The mission of the Athletic Training Program at the University of Louisiana at Lafayette is to prepare our students for professional assimilation through a rigorous education process that blends a challenging academic curriculum with aggressive, hands-on clinical experiences. Through this process, our students will become life-long learners that seek answers to the changing medical environment by exploring and conducting research. Ultimately, graduates of the Athletic Training Program at the University of Louisiana at Lafayette will be prepared to successfully attempt the Board of Certification (BOC) exam and become competent allied health care professionals for the physically active individuals of South Louisiana and surrounding region.”

Visit the Athletic Training Education Program website to learn more about our undergraduate program:
http://kinesiology.louisiana.edu/Programs/undergraduate/athletic-training

Visit Ragin’ Cajun Athletics website to learn more about the Athletic Training Department:

University of Louisiana at Lafayette Athletic Training Program
What is Athletic Training?

A Certified Athletic Trainer (ATC) is a highly qualified and board certified allied health professional educated and experienced in the health care of the student-athlete and the physically active. A certified athletic trainer’s duties include the prevention, recognition, immediate treatment, and rehabilitation of injuries caused during physical activity or athletics. ATC’s are board certified through the National Athletic Trainer’s Association Board of Certification (NATABOC) and state certified through the Louisiana State Board of Medical Examiners (LSBME).

The Sports Medicine Association (SMA) is proud to host this Ragin’ Cajun High School Student Athletic Training Workshop. SMA is comprised of Athletic Training Students who organized the workshop as well as volunteering in other community events.

Please return the registration form to:

Aimee Mattox MS, ATC
Clinical Education Coordinator
University of Louisiana at Lafayette
Department of Kinesiology
225 Cajundome Blvd.
Lafayette, LA 70506

Pre-Registration Deadline
March 14, 2015

If you have any workshop questions or for more information:

e-mail: amg1256@louisiana.edu

Workshop Schedule:

Saturday, March 28th, 2015
Bourgeois Hall – Room 153B

8:00 am-9:00 am – Registration
9:00 am-9:30 am – What is Athletic Training? What is the role of the student athletic trainer?
9:30 am- 10:30 am – Concussions
10:30 am- 10:45 am – Break
10:45 am-12:00 pm – Splinting and Spine Boarding Lab
12:00 pm-12:30 pm – Lunch
12:30 pm-1:00 pm – Question and Answer Session with current Ragin’ Cajun Student Athletic Trainers
1:00 pm-1:30 pm – Emergency Situations
1:30 pm-2:00pm – Lower Extremity Stretching
2:00 pm- 3:15 pm – Basic Taping Lab and Competition
3:15 pm- 3:30 pm – Closing and Thank You
3:30 pm – Walk to UL Spring Football game

Meet the Workshop Staff:

- Dr. Randy Aldret ATC
  UL Kinesiology
- Tommy Dean ATC
  Concussion Solutions LLC
- Aimee Mattox MS, ATC
  UL Kinesiology
- Brent Boudreaux MS, ATC
  Beau Chene High School
- J.D. Boudreaux PT, ATC
  Acadiana Physical Therapy
- Kali Legros ATC
  Louisiana Athletic Care
- Kyle Lançon, ATC
  Acadiana High School
- Kasey Boyd MS, ATC
  UL Athletics