

Athletic Training High School Student Aide Workshop 2017

Purpose:

Athletic Directors, coaches, teachers and athletic trainers are realizing the importance of having qualified, knowledgeable high school student aides on their staffs. The students attending our workshop can greatly enhance his/her knowledge by utilizing hands-on experience in practical taping, wound caring techniques, and prevention of injuries.

Date: April 8, 2017

Location:

University of Louisiana at Lafayette
Bourgeois Hall – Room 153B
225 Cajundome Blvd.
Lafayette, LA. 70506

**Cost: \$30.00 Pre Registration,
\$40.00 Late/On-Site**

Make checks payable to: Sports Medicine Association Please indicate purpose on memo line: HS Workshop registration
t-shirt not guaranteed to late registrants

Transportation: Students attending must provide their own transportation to and from the workshop.

Lunch: Will be provided

Dress: All students should wear comfortable clothes for light physical activity.

The University of Louisiana at Lafayette Athletic Training Program Mission Statement is:

“The mission of the Athletic Training Program at the University of Louisiana at Lafayette is to prepare our students for professional assimilation through a rigorous education process that blends a challenging academic curriculum with aggressive, hands-on clinical experiences. Through this process, our students will become life-long learners that seek answers to the changing medical environment by exploring and conducting research. Ultimately, graduates of the Athletic Training Program at the University of Louisiana at Lafayette will be prepared to successfully attempt the Board of Certification (BOC) exam and become competent allied health care professionals for the physically active individuals of South Louisiana and surrounding region.”

Visit the Athletic Training Education Program website to learn more about our program:

<http://kinesiology.louisiana.edu/Programs/undergraduate/athletic-training>

Visit Ragin’ Cajun Athletics website to learn more about the Athletic Training Department:

www.ragincajuns.com/news/2011/10/28/AthleticTrainers.aspx

Athletic Training High School Student Aide Workshop 2017

April 8th, 2017



University of Louisiana at Lafayette Athletic Training Program

What is Athletic Training?

A **Certified Athletic Trainer (ATC)** is a highly qualified and board certified allied health professional educated and experienced in the health care of the student-athlete and the physically active. A certified athletic trainer's duties include the prevention, recognition, immediate treatment, and rehabilitation of injuries caused during physical activity or athletics. ATC's are board certified through the National Athletic Trainer's Association Board of Certification (NATABOC) and state certified through the Louisiana State Board of Medical Examiners (LSBME).

The Sports Medicine Association (SMA) is proud to host this Ragin' Cajun High School Aide Athletic Training Workshop. SMA is comprised of Athletic Training students who organized the workshop as well as volunteering in other community events.

Please return the registration form to:

Sports Medicine Association
University of Louisiana at Lafayette
School of Kinesiology
225 Cajundome Blvd.
Lafayette, LA 70506

**Pre-Registration
Deadline
March 17, 2017**

***If you have any workshop questions
or for more information:***

e-mail: sportsmedicineull@gmail.com

Workshop Schedule:

Saturday, April 8th, 2017
Bourgeois Hall – Room 153B
(*schedule may change due to Spring
Football Game time**)

8:00 am-8:30 am –
Registration

8:30 am-8:45 am – What is
Athletic Training? What is the
role of the student athletic
training aide?

8:45 am- 9:15 am – Sleeping
with Injuries

9:15 am- 9:45 am – Nutrition
9:45 am- 10:00 am - Break

10:00 am- 11:00 am–
Stretching Lab

11:00 am-12:30 pm – Tour AT
Room/Lunch

12:30 pm-1:00 pm – First Aid
1:00 pm-1:45 pm –Wound
Care Lab

1:45 pm-2:00 pm – Break
2:00pm-3:00 pm – Basic
Taping Lab

3:00 pm- 3:15 pm – Closing
and Thank You

Meet the Workshop Staff:

- ❖ **Dr. Randy Aldret, ATC**
UL Kinesiology
- ❖ **Aimee Mattox, MS, ATC**
UL Kinesiology
- ❖ **J.D. Boudreaux, PT, ATC**
Acadiana Physical Therapy
- ❖ **Karli Collins, MS, ATC**
UL Lafayette Staff
- ❖ **UL Lafayette Staff Athletic
Trainers**
- ❖ **Louisiana Athletic Care**
Athletic Trainers
- ❖ **Acadiana Physical Therapy**
Athletic Trainers and
Physical Therapists