

UL Lafayette Athletic Training Education Program

ATHLETIC TRAINING STUDENT CLINICAL EXPERIENCE GUIDELINES

The following guidelines delineate the role of an athletic training student. As a student in the Athletic Training Education Program at the University of Louisiana at Lafayette, you are expected to conduct yourself in accordance with these guidelines during any clinical experience.

I. DEFINITIONS

- A. Direct Supervision (Clinical Education Experience)
 - 1. Direct Supervision is defined as the constant visual and auditory interaction between athletic training student and ACI when a specific clinical proficiency is being evaluated for course credit
- B. Supervision (Field Experience)
 - 1. Supervision is defined as a clinical experience that involves daily personal/verbal at the setting between the athletic training student and certified athletic trainer or other allied health care professional
 - 2. The certified athletic trainer will plan, direct, and advise the students' clinical experience
- C. Unsupervised (First Responder)
 - 1. Any clinical experience in which the athletic training student is acting without the presence of a certified athletic trainer or other allied health care professional

II. ATHLETIC TRAINING STUDENT CREDENTIAL REQUIREMENTS

- A. First Aid and CPR
 - 1. A student athletic trainer must maintain current certification in First Aid and CPR, by the American Red Cross or the American Heart Association, in order to provide any allowable services of an athletic training student regardless of the presence of a supervising licensed and certified athletic trainer.

III. SUPERVISED EXPERIENCES

- A. Acceptable Services

An athletic training student acting under the supervision of a certified athletic trainer may:

 - 1. Provide all athletic training services that have been presented within a previous or concurrent academic course and/or successfully evaluated in "Competencies in Athletic Training" for proficiency
 - 2. Write progress notes recording actions of care

IV. UNSUPERVISED EXPERIENCES

- A. Acceptable Services

The role of an athletic training student acting without the supervision of a certified athletic trainer is limited to following:

 - 1. Application of all first-aid skills for the treatment of acute injuries including;
 - a. RICE
 - b. Blister/wound care
 - c. Wrapping
 - Use of elastic wraps to prevent injury and control swelling
 - 2. Application of all CPR related skills
 - 3. Provide assistance to the athlete with the application of a stretching program.
 - 4. Application of a brace already being used
 - 5. Application of splints for stabilization of an acute injury or for the protection of an existing injury provided that the splint has been previously applied to the athlete for the same injury
 - 6. Conduct a history evaluation to determine the need for referral

7. Conduct a brief injury assessment to determine the need for splinting, bracing, or crutch use for safe referral
8. Application of ice per protocols
9. Write progress notes to record actions of care

B. Unacceptable Services

1. An athletic training student may not provide any service that is not identified in section III.A of this document without prior written/verbal instruction, consent, and/or guidance by the supervising certified athletic trainer. This includes, but is not limited to the following:
 - a. Initiate, change, or progress a rehabilitation plan
 - b. Conduct a full, new evaluation of an injury

C. ATS Travel Policy

1. There may be times when a Athletic Training Student (ATS) will travel with an intercollegiate athletic team from UL Lafayette without the supervision of a Certified Athletic Trainer (ATC). In those instances, the ATS will act only as a First Aider/First Responder consistent with the level of training they have received through an approved Red Cross or American Heart Association course. Current card(s) must be carried by the ATS to verify their qualifications

V. CLINICAL HOURS

A. Required Hours

1. Athletic training students must complete a total of 900 clinical experience hours for completion of the program. Specific guidelines for obtaining clinical hours are included in the clinical course syllabi.

B. Verification of Hours

1. Clinical hours must be initialed/signed on a daily basis or as determined by your assigned certified athletic trainer

VI. ROLE OF THE CERTIFIED ATHLETIC TRAINER

A. The Certified Athletic Trainer will:

1. Appropriately split time between multiple sports assigned to them
2. Provide direct supervision of each athletic training student in the context of direct patient care

ATS/CI/ACI Signature

Date