

University of Louisiana at Lafayette
College of Education
Class Syllabus

Course: HLTH 411–002
Schedule: MWF 9:30 am
Instructor: Dr. Susan Lyman
Telephone: 482-6465
Email address: halo@louisiana.edu

Semester: Fall 2006
Location: Bourgeois Hall 153B
Office: Bourgeois Hall 128-B
Office Hours: TBA

Course Description

HLTH 411: Women’s Health (3, 0, 3). Understanding the process of the female body so the woman can deal with illness and stay in charge of her own body. Gynecological as well as non-gynecological, medical and non-medial problems are discussed.

Required Text

None

Conceptual Framework: The Responsive Professional

The conceptual framework of the UL Lafayette College of Education is designed to expand upon the institution’s commitment to be a responsive university. Teacher candidates are expected to demonstrate knowledge, skills, and dispositions associated with the four elements of a ***Responsive Professional***. Responsive Professionals demonstrate expertise in knowledge and practice. They are reflective practitioners who respect diversity and demonstrate a commitment to professionalism.

Course Objectives and Corresponding Unit Outcomes

The student will be able to

- identify the accurate information specific to the biological and physiological anatomy of the female reproductive system
- evaluate the biological, social, and health impact that various methods of birth control have on our society today
- evaluate the biological, social, and health impact that sexually transmitted diseases have on our society today
- identify the different levels of drug taking behavior that have specific detrimental side effects on women
- explore the need for healthy and open relationships in today’s society
- survey the value of positive emotional care of one’s self
- survey the various nutritional habits specific to the health of a woman
- discriminate between sources of stressors and apply stress management skills in her particular lifestyle
- develop a commitment to active citizenship by participating in a project that meets human needs or community problems
- use technology to communicate, network, and/or foster inquiry

Course Requirements

E-mail account- Students are required to set up a UL Lafayette email account for this class. It will take the help desk 24 hours to activate your account, so please keep this in mind. Moodle will be implemented for course information, such as Syllabus, Calendar, Projects, Assignments, Grades, & Announcements.

1. **Exams** - 2 exams worth 100 points each. See calendar for dates.
2. **Distance Learning Assignments** – 5 assignments worth 10 points each. All assignments to be posted on Moodle.
Due dates are found on the course calendar.
Every assignment is due by 6am on the due date.
No late assignments accepted.
3. **Book Paper & Presentation** - worth 50 points. See specific directions online. See calendar for due date. This project will be presented orally to the class & submitted as a paper.
Not accepted late.
4. **Important Woman Presentation** – worth 50 points. Topic will be assigned the first day of class. See specific directions online. See calendar for due date. This project will be presented orally to the class.
Not accepted late.
5. **Women’s Expo** – worth 50 points. This project will involve working at one of the following places for at least 3 hours: Health Fair at Acadiana Mall on September 30 (Saturday) or Family Fitness Day at River Ranch on November 11 (Saturday). Further directions will be discussed in class.
6. **Term Paper** – worth 100 points. Required for **Graduate students only**. Graduate students will be required to submit a term paper. You have your choice of topics concerning any aspect of women’s health, but the topic must first be Okayed by the professor.
Due on due date by 6am (see calendar).
Not accepted late.
7. **Announcements & Emails** – you are responsible for going on to the course site on Moodle & checking daily for any posted information or any emailed information pertaining to the course.
8. **Posting of Grades** - Grades will be posted in your Moodle course site within a few days after an assignment or project is due, barring any unforeseen circumstances. If you do not have a grade posted for an assignment or project you have submitted, it is your responsibility to bring a hard copy (printed copy) to me within 3 days of the due date.
9. **Due Dates** - **All assignments & projects are due on the due date by 6am.**
Assignments & projects will NOT be accepted late. This is a reminder that it is your responsibility to submit your assignments & projects in on time – that includes posting

them on time. It is your responsibility to find a computer that works to do this. It is YOUR responsibility to submit materials by the correct date & time.

PASS-PORT Artifacts

N/A

Field Experiences

N/A

Technology Integration

Distance learning assignments and the use of the delivery system, Moodle, will be integrated into this course.

Evaluation

90-100% = A

80-89% = B

70-79% = C

60-69% = D

below 60% = Fail

Resources

Professional Associations

Louisiana Association of Health, Physical Education, Recreation, and Dance (LAHPERD)

American Alliance of Health, Physical Education, Recreation, and Dance (AAHPERD)

Society for the Scientific Study of Sexuality (SSSS)

Professional Journals

Journal of the American Medical Association

International Journal of Health Education

American Journal of Health Education

American Health for Women

Related Materials and Resources

SIECUS website <http://www.siecus.org>

4Women website www.4women.gov

Society for Human Sexuality website <http://www.sexuality.org/>

CDC website http://www.cdc.gov/nchstp/dstd/disease_info.htm

References

Balliet, Barbara J., Ed., Women, Culture & Society: A Reader, Third Edition, Kendall/Hunt Publishing Company, 2002

Worcester, Nancy, and Whatley, Mariamne H., Women's Health, Third Edition, Kendall/Hunt Publishing

Company, 2000

Alexander, Linda and LaRosa, J. New Dimensions in Women's Health. Jones and Bartlett Publishers.

Miller, M. Women's Health Care. Mosby's Clinical Nursing Series.

Course Policies and Procedures

Emergency Evacuation Procedures

A map of this floor is posted near the elevator marking the evacuation route and the Designated Route Area. This is an area where emergency service personnel will go first to look for individuals who need assistance in exiting the building. Student who may need assistance should identify themselves to the teaching faculty.

Attendance Policy

You will be allowed ONLY FOUR absences! For any work to be made up (i.e., oral reports) you must provide valid documentation. Documentation for excused absences must be provided in writing by the student (in advance if possible) and is subject to acceptance/rejection by the instructor. The student is responsible for any work or assignment missed due to an absence. Late arrival to class (15 minutes or more) will be counted as a full absence. More than four absences will affect your final grade, and you may be advised to drop the course.

Classroom Considerations

- No eating or drinking (except for water) in classroom (a rule of Bourgeois Hall)
- Please do not bring children or other visitors (not officially enrolled in class)
- Do not leave early (and please arrive on time!) if there is a speaker during the class period; it is rude! It is rude to leave before class ends at any time, as well.
- Electronic devices such as recorders for taping lecture or computers are allowed; however, cellular phones, "beepers," and radio/stereo headphones are not allowed to be activated during class time. If you have any questions, talk to professor.
- Scheduled examinations are to be taken on the date announced. Make-up exams will be allowed only in extreme cases (preferably with advance notice of the absence) with the permission of, and at the discretion of the instructor. A missed exam may be offered to be made up during the last week of the semester.

Class Discussion

Discussion is valued in this course. We learn from each other and it makes the class interesting if we can share our opinions. But, remember to respect other peoples' opinions and be polite to each other, even if you disagree with their opinion.

Academic Honesty

The College of Education adheres to the policy on academic honesty as outlined on page 427 in the Undergraduate Bulletin (2003-2005).

Students Requiring Special Accommodations

Students requiring special accommodations must register with the Office of Services for Students with Disabilities and provide official documentation to the instructor in a timely manner.

Tentative Schedule/Due Dates

Date	Topic, Activities, Assignments
8/21 Mon	Introduction to Syllabus with Calendar. Phone number sign in list. Pick Important Woman & sign list. Student introductions.
8/23 Wed	History of Women's Health
8/25 Fri	History of Women's Health Due: Assignment 1 Student Bio
8/28 Mon	Stress and Stress Management
8/30 Wed	Stress and Stress Management
9/1 Fri	Anatomy
9/4 Mon	Labor Day Holiday
9/6 Wed	Anatomy Due: Assignment 2 Today's Health News
9/8 Fri	Physiology
9/11 Mon	Physiology
9/13 Wed	Pregnancy
9/15 Fri	Pregnancy
9/18 Mon	Pregnancy
9/20 Wed	Pregnancy
9/22 Fri	L&D
9/25 Mon	L&D
9/27 Wed	L&D
9/29 Fri	Relationships
10/2 Mon	Exam 1
10/4 Wed	Relationships
10/6 Fri	Fall Holiday
10/9 Mon	Birth Control Methods

10/11 Wed	Birth Control Methods
10/13 Fri	Birth Control Methods
10/16 Mon	Due: Important Woman Presentations
10/18 Wed	Due: Assignment 3 Female Genital Mutilation Presentations
10/20 Fri	Presentations
10/23 Mon	Presentations
10/25 Wed	Presentations
10/27 Fri	Presentations
10/30 Mon	Presentations
11/1 Wed	Presentations Due: Assignment 4 Depression
11/3 Fri	Presentations
11/6 Mon	STDs
11/8 Wed	STDs
11/10 Fri	STDs
11/13 Mon	Due: Book Presentations
11/15 Wed	Self Esteem
11/17 Fri	Self Esteem
11/20 Mon	Depression Due: Assignment 5 Breast Cancer
11/22 Wed	Depression
11/24 Fri	Thanksgiving Holidays
11/27 Mon	Wrap up
11/29 Wed	Exam #2
12/1 Fri	