

**University of Louisiana at Lafayette
College of Education
Class Syllabus**

Course: HLTH 100 - First Aid
Location: BOURG 142-B

Instructor: Jane O'Brien
Office: 120-A Bourgeois Hall
Office Hours: To be posted
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Course Description

HLTH 100: (1, 0, 1) Prepares student to recognize and care for common first aid emergencies.

Required Text

American Academy of Orthopedic Surgeons (2005). First Aid, 4th ed. Stansburg, M.A. & Bartlett Publishers.

Conceptual Framework: The Responsive Professional

The conceptual framework of the UL Lafayette College of Education is designed to expand upon the institution's commitment to be a responsive university. Teacher candidates are expected to demonstrate knowledge, skills, and dispositions associated with the four (4) elements of a ***Responsive Professional***. Responsive Professionals demonstrate expertise in knowledge and practice. They are reflective practitioners who respect diversity and demonstrate a commitment to professionalism.

Course Objectives and Corresponding Unit Outcomes

- Describe the role and responsibilities of a first aid provider. (CF-K2) (Disp 4)
- Demonstrate the proper first aid procedures in victim assessment. (CF-P2) (Disp 4)
- Distinguish signs and symptoms during victim assessment. (CF-R1) (Disp 7)
- Identify ways to prevent injury and/or illness. (CF-R2) (Disp 8)
- Recognize when an emergency has occurred. (CF-K1) (Disp 4)
- Follow the three (3) emergency steps when confronted with an emergency. (CF-K2) (Disp 7)
- Provide basic care for injury and/or sudden illness until an emergency medical professional arrives. (CF-K2) (Disp 4)
- Recognize the value of a safe and healthy lifestyle. (CF-D1) (Disp 5)
- Recognize health behaviors and situations that contribute to injury and illness. (CF-P4) (Disp 7)

Materials Needed

- Note-taking materials
- Plastic mouth shields for CPR (available from the bookstore)
- One roll of sterile gauze (2 inch width)
- One triangular bandages (each one at least 36' x 36")
- Your textbook

If you arrive without the required equipment, you will not be allowed to participate in the practice demonstrations or the practical evaluations. Casual street clothes are appropriate for class attendance, however, you may be required to occasionally move to the floor for psychomotor skill practice, and during the CPR portion, be aware that alcohol or a diluted bleach solution will be used. You will also be required to prepare a personal First Aid Kit, however, the materials for the kit are probably available in your home or are very inexpensive.

Course Requirements

- **E-mail account** - Students are required to set up an e-mail account for this class. It will take the help desk 24 hours to activate your account, so please keep this in mind.
 1. **Exam** - Final Exam is worth 100 points. Materials will come from chapters, readings (websites), discussions, Power Point presentations, and notes from topic areas covered.
 2. **Quizzes** - 10 point quizzes will be randomly assigned throughout the semester. Quizzes will be administered following class on Blackboard.
 3. **Announcements & E-mails** - You are responsible for visiting the course Moodle site and checking the *Announcements* and your e-mail daily for any posted information or any e-mailed information pertaining to the course.
 4. **Posting of Grades** - Grades will be posted in your Moodle course site within a few days after an assignment or project is due, barring any unforeseen circumstances. If you do not have a grade posted for an assignment or project you have submitted, it is your responsibility to bring a hard copy (printed copy) to me within **three (3) days** of the due date.
 5. **Due Dates** - **All assignments and projects are due on the due date by 9:30 a.m. unless otherwise noted.**
Assignments and projects will NOT be accepted late. This is a reminder that it is your responsibility to submit your assignments and projects on time - that includes posting them on time. It is your responsibility to find a computer that works to do this. You are given the course calendar with due dates posted for assignments and projects on the first day of class. It is YOUR responsibility to submit them on time and on the due date.

PASS-PORT Artifacts

N/A

Field Experiences

N/A

Technology Integration

The course will integrate online technology and the delivery system being used is Blackboard.

Evaluation

90-100% = A

80-89% = B

70-79% = C

60-69% = D

Below 60% = F

Resources

Professional Associations

Louisiana Association of Health, Physical Education, Recreation, and Dance (LAHPERD)

American Association of Health, Physical Education, Recreation, and Dance (AAHPERD)

Professional Journals

Journal of American Medical Association

International Journal of Health Education

American Journal of Health Education

Related Materials and Resources

National Safety Council (<http://www.nsc.org/>)

American Heart Association (<http://www.americanheart.org/presenter.jhtml?identifier=1200000>)

FamilyDoctor.org (<http://familydoctor.org>)

American Red Cross (<http://www.redcross.org/>)

References

National Safety Council
American Heart Association
Red Cross

Course Policies and Procedures

Emergency Evacuation Procedures

A map of this floor is posted on the walls throughout the hallways marking the evacuation route and the Designated Route Area. This is an area where emergency service personnel will go first to look for individuals who need assistance in exiting the building. Students who may need assistance should identify themselves to the teaching facility.

Attendance Policy

Regular attendance is expected when students are expected to attend a formal class. The attendance policy in this class will follow UL Lafayette's policy (excessive absences are defined as 10% of the total number of classes).

Come to class on time. The first day of class is the official first day of class - in other words, if you miss the first day of class, you have one (1) absence.

Academic Honesty

The College of Education adheres to the policy on academic honesty as outlined on page 427 in the Undergraduate Bulletin (2003-2005).

Students Requiring Special Accommodations

Students requiring special accommodations must register with the Office of Services for Students with Disabilities and provide official documentation to the instructor in a timely manner.

Tentative Schedule

Topics/Activities/Assignments

- Formal Class, Introduction to Blackboard, Syllabus and Calendar Review, etc.
- Intro to First Aid/Background Information
- Action at and Emergency
The Human Body
Finding Out What's Wrong
- Basic Life Support
Bleeding and Shock
- Wounds
Dressings and Bandages
- Burns
- Head and Spinal Injuries
- Bone and Muscle Injuries
- Bone and Muscle Injuries
- Sudden Illness
- Poisoning
Bites and Stings
- Heat Related Emergencies
- Cold Related Emergencies
- Emergency Moves
- Final Exam