

| Freshman Year | | | | | | | |
|----------------------|-----|--------------------------------------|-----------|------|---------|--------------------------------|-----------|
| EDCI | 100 | Orientation to Teacher Educ. | 2 | BIOL | 110 | Fundamentals of Biology I | 3 |
| EDFL | 106 | Introduction to Education | 3 | CMCN | 100 | Principles of Human CMCN | 3 |
| ENGL | 101 | Introduction to Academic Writing | 3 | ENGL | 102 | Writing/Research About Culture | 3 |
| KNES | 101 | Introduction to Kinesiology | 3 | HIST | 221/222 | United States To/Since 1877 | 3 |
| MATH | 105 | Applied College Algebra ¹ | 3 | KNES | 110 | Concepts of Fitness/Wellness | 3 |
| UNIV | 100 | First Year Seminar | 3 | PSYC | 220 | Educational Psychology | 3 |
| | | | <u>17</u> | | | | <u>18</u> |

| Sophomore Year | | | | | | | |
|-----------------------|-----|----------------------------------|-----------|-----------------------|-----|--------------------------------------|-----------|
| BIOL | 216 | App. A & P for Kinesiology | 3 | KNES | 305 | Motor Behavior & Control | 3 |
| BIOL | 217 | App. A & P Lab for Kinesiology | 1 | KNES | 221 | Skills & Tech.:Sports/Phys. Activity | 2 |
| KNES | 205 | Tech. in Hlth & Kinesiology | 3 | KNES | 226 | Skills & Tech.: Dance | 2 |
| KNES | 215 | Skills & Tech.: Rhythms/Ed. Gym. | 2 | KNES | 310 | Anatomical Kinesiology | 3 |
| STAT | 214 | Elementary Statistics | 3 | THEA | 300 | Activities in Dramatics | 3 |
| Elective | | (CHEM,GEOL,PHYS) | 3 | Elective ² | | Literature | 3 |
| | | | <u>15</u> | | | | <u>16</u> |

| Junior Year | | | | | | | |
|--------------------|-----|-----------------------------------|-----------|------|-----|---------------------------------------|-----------|
| KNES | 301 | Kinesthetic Methods Elem. | 3 | EDCI | 450 | Classroom Management | 3 |
| KNES | 303 | Physiology of Exercise | 3 | HLTH | 313 | School Health Educ. Strategies | 3 |
| KNES | 304 | Physiology of Exercise Lab | 1 | KNES | 306 | P.E. for Indiv. with Disabilities | 3 |
| KNES | 322 | Skills & Tech.: Racquet Sports | 2 | KNES | 350 | Skills & Tech.: Life/Cont. Activities | 3 |
| KNES | 360 | Theory of Athletic Coaching | 3 | KNES | 400 | Measure/Evaluation KNES | 4 |
| PSYC | 313 | Lifespan Developmental Psychology | 3 | | | | <u>16</u> |
| HLTH | 312 | Wellness | 3 | | | | |
| | | | <u>18</u> | | | | |

| Senior Year | | | | | | | |
|--------------------|---------|-------------------------------|-----------|------|-----|-----------------------|----------|
| EDCI | 427 | Teaching in Diverse Society | 3 | EDCI | 488 | Student Teaching K-12 | 9 |
| KNES | 449 | Secondary School H&PE Methods | 3 | | | | <u>9</u> |
| KNES | 402 | Organization & Administration | 3 | | | | |
| KNES | 415 | Biomechanics | 3 | | | | |
| READ | 409/410 | Reading - Elem., Middle, Sec. | 3 | | | | |
| | | | <u>15</u> | | | | |

Total Credits: 124

¹ ACT 19-20 take MATH 103 and 104; ACT of 21 or higher take MATH 105

² Select an English "Literature" course from ENGL 201, 202, 205, or 206

Praxis Exam Requirements: Students must pass the Praxis Core Academic Skills for Educators: Reading, Writing, and Mathematics or submit an ACT composite score of 22 or higher. Students must also pass the Praxis Health and Physical Education: Content Knowledge (5857) and the Praxis Principles of Learning and Teaching (5622, 5623, or 5624) prior to Student Teaching.

Admission Requirements for the Health and Physical Education Program:

(1) Completion of all Freshmen courses; (2) 2.5 Cumulative GPA or higher; (3) Passing scores on all 3 sections of the Praxis Core Academic Skills for Educators or submit an ACT composite score of 22 or higher.

NOTE: Students must earned at least an overall 2.5 Cumulative GPA and at least a 2.5 Cumulative GPA in all major courses to graduate in this program.