

2015 - 2016
Code: 2474

Kinesiology -- Health and Physical Education
Grades K - 12

Bachelor of Science

Freshman Year

EDCI	100	Orientation to Teacher Educ.	2	BIOL	110	Fundamentals of Biology I	3
EDFL	106	Introduction to Education	3	CMCN	100	Prin. of Human CMCN.	3
ENGL	101	Intro. to Academic Writing	3	ENGL	102	Writing/Research Culture	3
KNES	101	Introduction to Kinesiology	3	HIST	221/222	United States to/from 1877	3
MATH	105	College Algebra ¹	3	KNES	110	Concepts of Fitness/Wellness	3
UNIV	100	First Year Seminar	3	PSYC	220	Educational Psychology	3
			<u>17</u>				<u>18</u>

Sophomore Year

BIOL	216	App. A & P for Kinesiology	3	KNES	305	Motor Behavior & Control	3
BIOL	217	App. A & P Lab for Kinesiology	1	KNES	221	Skills & Tech.: Sport/Activity	2
KNES	205	Tech. in Hlth & Kinesiology	3	KNES	226	Skills & Tech.: Dance	2
KNES	215	Skills & Techniques: Fund. Move.	2	KNES	310	Anatomical Kinesiology	3
STAT	214	Elementary Statistics	3	THEA	300	Activities in Dramatics	3
		Elective (CHEM,GEOL,PHYS)	3	Elective ²		Literature	3
			<u>15</u>				<u>16</u>

Junior Year

KNES	301	Kinesthetic Methods Elem.	3	EDCI	450	Classroom Management	3
KNES	303	Physiology of Exercise	3	HLTH	313	School Health Educ. Strat.	3
KNES	304	Physiology of Exercise Lab	1	KNES	306	P.E. for Individ.Disabilities	3
KNES	322	Skills & Tech.: Racquet Sports	2	KNES	350	Skills & Tech.: Life/Cont.	2
KNES	360	Theory of Athletic Coaching	3	KNES	400	Measure/Evaluation KNES	4
PSYC	313	Lifespan Developmental Psyc.	3				<u>15</u>
			<u>15</u>				

Senior Year

EDCI	427	Teaching in Diverse Society	3	EDCI	488	Student Teaching K-12	9
KNES	449	Secondary H & PE Methods	3				<u>9</u>
KNES	402	Organization & Administration	3				
KNES	415	Biomechanics	3				
READ	409/410	Reading - Elem., Middle, Sec.	3				
			<u>15</u>				

Total Credits: 120

¹ ACT 19-20 take MATH 103 and 104; ACT of 21 or higher take MATH 105

² Either American Literature (205 or 206) or British Literature (201 or 202)

Praxis Exam Requirements: Students must pass the Praxis I PPST exams (Reading, Writing, Math) or submit an ACT composite score of 22 or higher. Students must also pass the Health & Phys. Ed. content exam, 5857, and the PLT exam 0622 or 623 or 624 prior to Student Teaching.

Admission to Upper Division for students majoring in Health and Physical Education requirements are: (1) Completion of all Freshmen courses; (2) Cumulative GPA of 2.5 or higher; (3) Passing scores on all 3 sections of Praxis I (PPST or Core Academic Skills) or an ACT waiver of a composite score of 22 or higher.