## Kinesiology -- Health and Physical Education Grades K - 12

Bachelor of Science

|  | Freshman Year |  |  |  |  |  |  |
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| EDCI | 100 | Orientation to Teacher Educ. | 1 | BIOL | 110 | Fundamentals of Biology I | 3 |
| EDFL | 106 | Introduction to Education | 3 | CMCN | 200 | Prin. of Human CMCN. | 3 |
| ENGL | 101 | Intro. to Academic Writing | 3 | ENGL | 102 | Writing/Research Culture | 3 |
| KNES | 101 | Introduction to Kinesiology | 3 | HIST | $221 / 222$ | United States to/from 1877 | 3 |
| KNES | 110 | Concepts of Fitness/Wellness | 2 | PSYC | 220 | Educational Psychology | 3 |
| MATH | 105 | College Algebra | 3 | UNIV | 200 | Information Literacy | -2 |
| UNIV | 100 | Cajun Connection |  | 2 |  |  |  |


|  |  | Sophomore Year |  |  |  |  |  |
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| BIOL | 216 | App. A \& P for Kinesiology | 3 | KNES | 305 | Motor Behavior \& Control | 3 |
| BIOL | 217 | App. A \& P Lab for Kinesiology | 1 | KNES | 221 | Skills \& Tech.: Sport/Activity | 2 |
| KNES | 205 | Tech. in Hlth \& Kinesiology | 3 | KNES | 226 | Skills \& Tech.: Dance | 2 |
| KNES | 215 | Skills \& Techniques: Fund. Move. | 2 | KNES | 310 | Anatomical Kinesiology | 3 |
| STAT | 214 | Elementary Statistics | 3 | THEA | 300 | Activities in Dramatics | 3 |
|  |  | Elective (CHEM,GEOL,PHYS) | $\frac{3}{2}$ | Elective ${ }^{2}$ | Literature | $\frac{3}{16}$ |  |


|  | Junior Year |  |  |  |  |  |  |
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| KNES | 301 | Kinesthetic Methods Elem. | 3 | EDCI | 450 | Classroom Management | 3 |
| KNES | 303 | Physiology of Exercise | 3 | HLTH | 313 | School Health Educ. Strat. | 3 |
| KNES | 304 | Physiology of Exercise Lab | 1 | KNES | 306 | P.E. for Indiv.Disabilities | 3 |
| KNES | 322 | Skills \& Tech.: Racquet Sports | 2 | KNES | 350 | Skills \& Tech.: Life/Cont. | 2 |
| KNES | 360 | Theory of Athletic Coaching | 3 | KNES | 400 | Measure/Evaluation KNES | 4 |
| PSYC | 313 | Lifespan Developmental Psyc. | $\frac{3}{15}$ |  |  |  |  |


| EDCI | 427 | Teaching in Diverse Society | 3 | EDCI | 488 | Student Teaching K-12 | 9 |
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| KNES | 449 | Secondary H \& PE Methods | 3 | EDCI | 440 | Reflections \& Prof. Growth | -1 |
| KNES | 402 | Organization \& Administration | 3 |  |  |  |  |
| KNES | 415 | Biomechanics | 3 |  |  |  |  |
| READ | $409 / 410$ | Reading - Elem., Middle, Sec. | $\frac{3}{15}$ |  |  |  |  |

Total Credits: 120
${ }^{1}$ ACT 19-20 take MATH 100; ACT of 21 or higher take MATH 105
${ }^{2}$ Either American Literature (205 or 206) or British Literature (201 or 202)
Praxis Exam Requirements: Students must pass the Praxis I PPST exams (Reading, Writing, Math) or submit an ACT composite score of 22 or higher. Students must also pass the Health \& Phys. Ed. content exam, 0091, and the PLT exam 0622 or 623 or 624 prior to Student Teaching.

Admission to Upper Division for students majoring in Health and Physical Education requirements are: (1) Completion of all Freshmen courses; (2) Cumulative GPA of 2.5 or higher; (3) Passing scores on all 3 sections of Praxis I (PPST) or an ACT waiver of a composite score of 22 or higher.

